



Pittsworth State School
Junior Track & Field Carnival 2025
Thursday 4th September 2025



9.00am	Warm Ups, March Pass, Carnival Welcome & House War Cry		
9.15am–9.45am	200m Finals (8yrs, 7yrs, 6yrs)		
10.00am-11.20am	Field Events Rotations 1 & 2		
Rotation 1: 10.00-10.40am		Rotation 2: 10:40-11.00am	
High Jump (Pit 1)	8yrs Boys	High Jump (Pit 1)	6yrs Boys
High Jump (Pit 2)	8yrs Girls	High Jump (Pit 2)	6yrs Girls
Long Jump (Pit 1)	7yrs Boys	Long Jump (Pit 1)	5yrs Boys
Long Jump (Pit 2)	7yrs Girls	Long Jump (Pit 2)	5yrs Girls
Discus (Circle 1)	6yrs Boys	Discus (Circle 1)	8yrs Boys
Discus (Circle 2)	6yrs Girls	Discus (Circle 2)	8yrs Girls
Shot Put (Circle 1)	5yrs Boys	Shot Put (Circle 1)	7yrs Boys
Shot Put (Circle 2)	5yrs Girls	Shot Put (Circle 2)	7yrs Girls
11.30-12.00pm	Lunch & Drinks Break		
12pm	House Points & Records Update, Warm Ups and Stretches		
12.00-1.00pm	80m sprint (8yrs, 7yrs) 80m sprint (6yrs, 5yrs) Heats & Finals		
1.00-2.20pm	Field Events Rotations 3 & 4		
Rotation 3: 1.00-1.40pm		Rotation 4: 1.40-2.20pm	
High Jump (Pit 1)	7yrs Boys	High Jump (Pit 1)	5yrs Boys
High Jump (Pit 2)	7yrs Girls	High Jump (Pit 2)	5yrs Girls
Long Jump (Pit 1)	8yrs Boys	Long Jump (Pit 1)	6yrs Boys
Long Jump (Pit 2)	8yrs Girls	Long Jump (Pit 2)	6yrs Girls
Discus (Circle 1)	5yrs Boys	Discus (Circle 1)	7yrs Boys
Discus (Circle 2)	5yrs Girls	Discus (Circle 2)	7yrs Girls
Shot Put (Circle 1)	6yrs Boys	Shot Put (Circle 1)	8yrs Boys
Shot Put (Circle 2)	6yrs Girls	Shot Put (Circle 2)	8yrs Girls
2.20-3.00pm	House Relays/Clean Up		

Carnival Information

Ages of competing athletes are calculated according to their year of birth.

5 Years - 2020

6 Years - 2019

7 Years - 2018

8 Years - 2017

Wellbeing: Students are to ensure that they undertake “warm up” and “cool downs”, stay hydrated and are sun safe. Hats **MUST** be worn at all times with the exception of running events and high jump.

General Information

- Only “Officials/Staff” are allowed in the judging areas and marshalling areas during events. Spectators are reminded to stay behind the temporary bunting at all competition areas. This is to ensure the safety of students and spectators but also in the interest of fair competition.
- Crossing the track is **NOT PERMITTED** during the running events.
- Students are responsible for being under their house tent for marshalling of races to ensure they do not miss their race.
- Ribbons for all events will be awarded at the conclusion of the carnival. Medallions will be presented at the next School Assembly, along with Sporting Team trophy.

Track Races

80m (8yrs, 7yrs), 50m (6yrs, 5yrs)

Heats - Every student will compete in the heats of these events. All students must remain in the marshalling area at the finish line after their heat. The Final selector will announce the runners successful in making the final, immediately after the heats have been completed for their age group.

Finals – After all heats have been completed, the fastest 8 runners in each age group will compete in the final. These runners will be selected based on their time in their heat. They will be required to return to marshalling at the start line immediately after all age group heats are completed.

200m

Heats – Heats for these events were run during school hours in Week 7.

Finals – The fastest 8 students from the heats will compete in the Finals at the Carnival. The students have been notified prior to the day if that they are competing in the Final.

Some heats and/or finals may combine age groups pending number of competitors.

Field Rotations

- Students must remain with their age group at all times during rotations, even when awaiting their throw/jump or if they have been eliminated.
- There will be at least one PSS staff member assigned to each field event rotation. Students are required to notify this staff member if they need to leave the designated area for any reason.

- We ask that only students approach staff members, to ensure there are no interruptions or distractions to the event.

Any questions or concerns please see Ms Will